

Information for patients with voice problems

SPEECH & LANGUAGE THERAPY SERVICE

Your first appointment

Derriford Hospital
Derriford Road
Plymouth
PL6 8DH
Tel: 01752 432 202
www.plymouthhospitals.nhs.uk



You have been referred for an assessment of your voice problem.

Speech & Language Therapists assess, diagnose and treat a wide variety of communication disorders. Your therapist has specialised in working with people who:

- Are having problems with their voices
- Have lost their voices completely
- Have Globus symptoms (throat discomfort)

Your therapist will be one of the voice clinic team.

What will happen on your first appointment?

- Your appointment will last for approximately 1 hour.
- The Speech & Language Therapist will assess various aspects of your voice and will ask you questions about your voice problem and how it affects you and your life.

What happens next?

The Speech & Language Therapist will:

- Determine the nature of the problem and will then explain how the voice works
- Discuss the factors that have contributed to your voice problems
- Offer you a course of therapy specifically suited to your needs and/or give you practical advice
- You will be expected to take an active part in your therapy which will involve some participation from you between appointments

What happens if you are unable to attend?

- Tell us if you have difficulty keeping an appointment and we will try to give you an appointment at a more suitable time.

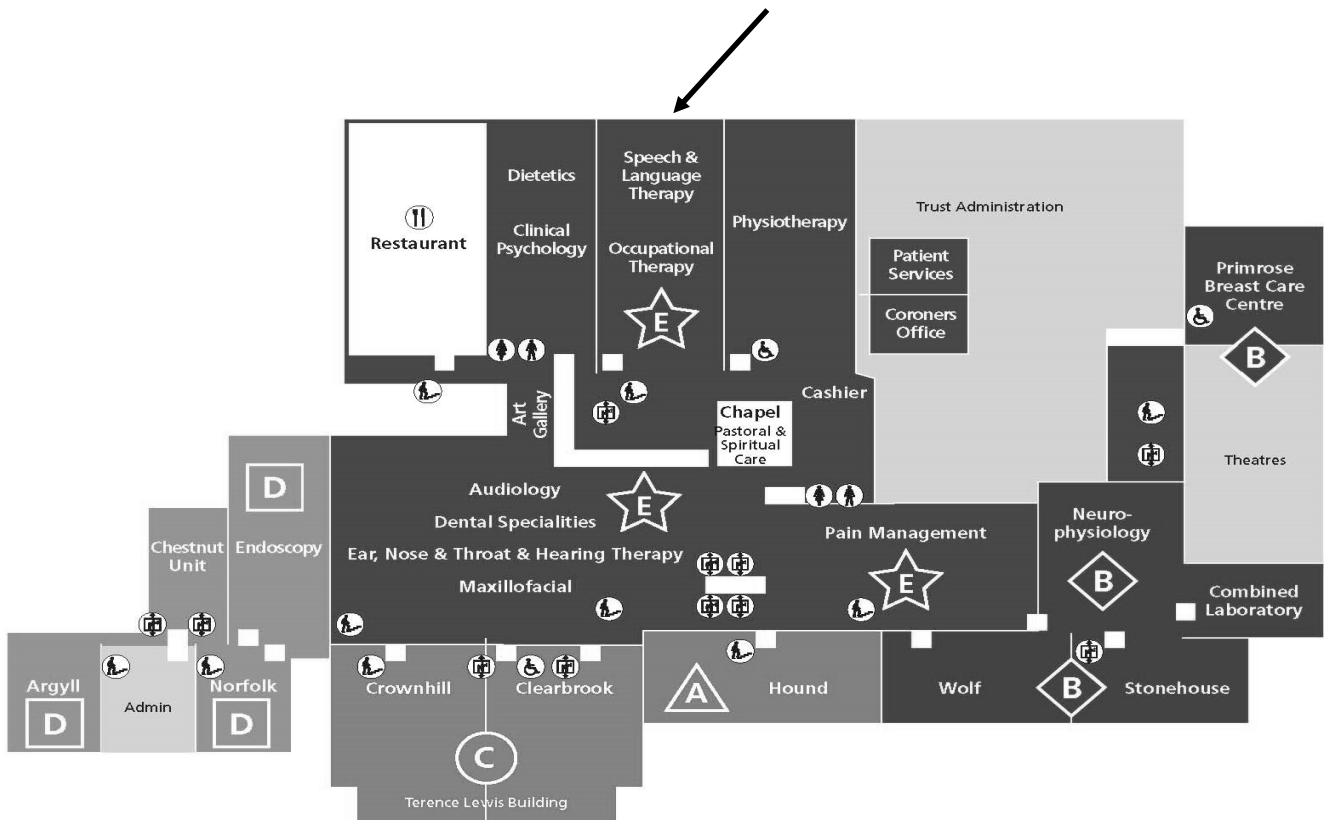
- The office telephone number is: 01752 432202. You can speak to the secretary or leave a message on the answer phone.

Rescheduling appointments:

Patients failing to keep an appointment without notifying the Trust well in advance; regrettably will be removed from the waiting list. This is in line with Trust policy.

Patients who persistently reschedule clinic appointments may also be removed from the waiting list; and will need to return to their GP for re-referral.

The Voice Clinic is situated on level 7. From the main entrance on level 6, turn right after the Coffee Shop, left in to the lift and stairs area. Go to level 7 and turn left towards Restaurant 7. The Speech & Language Department is on the right.



We look forward to meeting you

**This leaflet is available in large print
and other formats and languages.
Contact: Speech and Language
Tel. 01752 432202**

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