



Agenda for the Derriford User Group

December 6th 2018



1. Read through the minutes from the last meeting



2. Round off 2018:

- Update from the Primrose Ward planned visit



- Review the work plan for 2018-2019

- Ideas for next year's plan



- 2019 DUG dates

3. Meet Mark Griffiths the new Jayne Glynn!



Comfort break



4. Thank you DUG!





Derriford User Group minutes October 4th 2018:



Present: Pat, Russell, Alison, Fiona, Vivienne, David F, Cara (student nurse), Sally, Faysacsha (LD student nurse), Bob, David B, Steve, Colin, Dave, Andy, Becca, Jill, Carl, Ali, Susie and Saoirse



Apologies: Howard and Annette

Guests: Gavin Werrett and Paul Ingram



Hello

1. Claire welcomed new members Colin, Carol and David B to the group and then read the minutes from the last meeting.



Action: Add how to break bad news to the hospital passport work session next year



2. Bob and Jess were wished a very happy birthday.



3. Gavin introduced himself to the group. He is an anaesthetist. His job to is help people go to sleep and stay asleep during an operation.



There are different ways in which you can go to sleep and you can tell hospital staff which you prefer.



- Cannula in the back of you hand = you can ask for a special numbing cream to be put on first so you don't feel the needle prick



- Gas = you can hold the mask over your face and breathe a sweet smelling gas



- Special drink = that makes you feel calm and then sleepy



When you are asleep Gavin has to watch you during the whole operation. You are connected up to heart and lung monitors and wheeled into theatre. You are given gas the whole time to keep you asleep.



Your body is covered apart from where you are having the operation. You are never naked on the table.



Constant checks happen during the operation including that they have the right patient. If you are diabetic you can be given insulin or glucose if needed.



You wake up after your operation when the gas is switched off.



4. After a comfort break Paul talked about his role. He is an Independent Mental Capacity Advocate (IMCA) at The Plymouth Highbury Trust.



Paul explained that operations couldn't just happen to people. Consent—permission has to be given.



If you are able to listen to information about your options, weigh up your choices, make a decision and remember all these steps you have capacity and can make a choice for yourself.



If you lack capacity because of your illness, mental health or severeness of your learning disability a decision will be made in your best interest.



If you have family or people who know you really well they will make a decision for you. If you don't have family or anyone who can act on your behalf you will get an IMCA.



If a decision is made in your best interest lots of people who know you well and staff from the hospital will meet to talk about what is right for you. There will be one decision maker.



5. Saoirse asked Paul a question about DOLS = Deprivation of Liberty Safeguards. Paul said that the hospital could only put someone on a DOLS if they had been assessed as lacking capacity. He would be concerned if everyone was given one just because they had a learning disability.



6. Jill handed out an invitation inviting all of the DUG members to the Derriford Learning Disability Champions Award on November 29th.



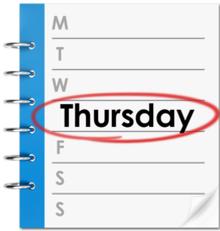
Jess, Claire, Alison, Colin and Dave all volunteered to help with different jobs during the day.



7. The final DUG meeting of 2018 will take place on December 6th. Dates for 2019 will be given out on that day.



The Derriford User Group will stay on:



The first Thursday of every month unless that date clashes with the hospital general anaesthetic list.



The meeting will run between 10:30-12:00 and will be held every two months.



DUG will take place at St Bart's Church Hall.

