

File reference	W18FOI496
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Attachments	Yes

Freedom of Information Act Disclosure log - Reply Extract

You asked us to complete your questions

Please see attached response.

Attachments included: Yes

NHS MATERNITY COMPLEMENTARY THERAPY MAPPING

Dear Colleague,

We are currently planning to undertake a study to identify the effectiveness of the use of 'complementary therapies' (CTs) including aromatherapy and reflexology to promote spontaneous labour and reduce postdates induction of labour in low risk women. We would be very grateful if you could spend 10 minutes completing this questionnaire.

This questionnaire is being sent to all NHS Trusts who offer maternity services.

The information you provide will be used in part to help support an NIHR grant application for multi-centre research to evaluate the role of complementary therapies within maternity services with a view to improving the experience of women during pregnancy and childbirth.

Many thanks in anticipation of your help,
Kind regards

Please provide the name and city of the unit that you work in

University Hospitals Plymouth NHS Trust - Please use link for additional Maternity Service information: <https://www.plymouthhospitals.nhs.uk/maternity>

Plymouth

Complementary Therapies

1. How many births are there per annum at the unit where you work?

4001 - 5000 for all registerable births between 1/4/17 and 31/3/18 at all locations.

2. What is your annual % of women undergoing induction of labour for postdates pregnancy rate?

>10%

3. Does your Trust have a Clinical Lead or Service Lead for the use of complementary therapies?

No

4. What care pathway does your Trust use for women with postdates pregnancy?

Local Trust guideline

5. If your trust has a complementary therapy service or clinic what provision is made for women with postdates pregnancy?

No complementary therapy service

6. If your Trust offers a complementary therapy treatment for women with postdates pregnancy, on average how many weeks gestation is the treatment offered?

Not applicable

7. Please select from the list below those professionals who are qualified as complementary therapists and routinely involved in the provision of complementary therapy services in the unit where you work (please select all that apply)

The Trust does not corporately record this information; only professional registration.

Some individuals may have such qualifications and the fact may be recorded in individual files, but this is outside the scope of Freedom of Information Act requests

8. Who refers women to this complementary therapy service (please select all that apply)?

Not applicable

9. Is routine membrane sweeping offered to women during a complementary therapy treatment?

Not applicable

10. Following a complementary therapy treatment for postdates pregnancy, on estimate how many women still require an induction of labour?

Not applicable

11. If complementary therapies are used to support induction of labour, do you collect data about the effectiveness of the treatments or service?

Not applicable

12. If a multi-centre research study is funded regarding interventions to improve service provision and reduce postdates induction of labour using complementary therapies, might you be interested in participating or contributing?

Yes

**Please address correspondence to
Maternity Matron
University Hospitals Plymouth NHS Trust
Central Delivery Suite
Derriford Road
Crownhill**

**Plymouth
Devon
PL6 8DH**

Or use our Contact us options provided in the letter of response.

Thank you for completing this questionnaire