

Laura's Homebirth Experience

Both my children were home water births in Saltash. Isabella was born in January 2009 weighing 6lb 9oz and Sebastian was born in November 2012 weighing 9lb 13oz. Although Isabella was pre the Jubilee Team by happy coincidence my community midwife Sue Talbot who had looked after me all the way through was on duty the night Issy was born assisted by Beverly.

Within a couple of hours my husband and I were tucked up in bed with our precious bundle beside us, something that could not have happened in hospital. The Jubilee Team came in to being whilst I was pregnant with Sebastian, my care was transferred to Maggie [midwife] during that time who looked after us and was present for his birth assisted by Rebecca and his sister Isabella! We had a brief transfer to hospital with Sebastian for some stitches but we were back home within an hour and a half.



Both births were better than I could have hoped for and I think the low level stress was key, I would not have been comfortable in a hospital as I find them quite scary places. I think this also helped us establish breast feeding with both children breast fed until well past the 6mth mark. I've been called irresponsible and been told I put my children at risk by a few people who think hospital is the only place for a birth but I firmly believe in choice, home birth was right for me and my family.