

9. High Temperature/Fever

A high temperature or fever can be a symptom common in many cancer patients for a variety of reasons. Fever can be a consequence of the cancer, its treatment or a secondary reason such as an infection and must always be taken seriously. Feeling hot or feverish may also be related to a hormone imbalance in both males and females.

How can I manage my high temperature?

- A high temperature and fever is treatable once the cause is identified. However **it is essential that you inform your Oncology Doctor or specialist nurse as soon as you experience these symptoms.**

Local Resources:

Resource	Contact Details
Chemotherapy Outpatients Department Advice and information about high temperature	Chemotherapy OPD—Lyd Ward Level 5, Derriford Hospital 01752 430290 Monday – Friday 9:00 – 17:00
Oncology Outpatients Department Advice and information about high temperature	Chemotherapy OPD—Lyd Ward Level 5, Derriford Hospital 01752 430290 Monday – Friday 9:00 – 17:00
Brent Ward Out of hours advice regarding high temperature/fever. Contact Brent ward overnight or on weekends. Important to ask for advice at this time	Brent Ward Out of hours Level 8, Derriford Hospital 01752 245084 01752 792306
Mustard Tree Cancer Support & Triangle Drop In Centres Ask questions, share concerns, offers a range of services including benefits advice. Support, advice and information for cancer patients and their carers	Mustard Tree, Derriford Hospital: Monday to Friday from 9am to 5pm 01752 430060/01752 431468 Kingsbridge: Tuesdays 10am to 4pm 01548 852349 Liskeard: Thursdays 10am to 4pm 01579 373500 Tavistock: Fridays 10am to 4pm 01822 615935
Other Resources	Your GP, Oncology Doctor, Specialist Nurse or District Nurse.

National Resources:

Resource	Contact Details
Cancer Research UK	http://www.cancerresearchuk.org/cancer-help/coping-with-cancer/coping-physically/fever/
Macmillan Cancer Support Provide comprehensive advice and information on all aspects of cancer.	www.macmillan.org.uk 0808 808 0000 (Mon-Fri, 9am-8pm)

Further information:

Macmillan Cancer Support booklets: – available free from the Mustard Tree Macmillan Centre
Controlling the symptoms of cancer
Understanding chemotherapy
Understanding radiotherapy
Cancer and complementary therapies