

## B. Local Support Groups

Support Group	Details	Contact
Beating Bowel Cancer	Bowel cancer information and support for patients, family and friends from our nurses and people affected by bowel cancer through our online forum	<a href="http://www.beatingbowelcancer.org">www.beatingbowelcancer.org</a>
Bosom Pals Breast Social Group	Day: 4 <sup>th</sup> Wednesday of every month Time: 19:00 onwards Location: Fort Stamford Health & Social Club	<a href="mailto:Bosompalsplymouth@gmail.com">Bosompalsplymouth@gmail.com</a>
Bladder Cancer Support Group	Day: Bi-monthly	If interested in attending please contact Vanessa with the following: Name, Preferred Contact Number and Email Tel: 01752 431534
Brain Tumour Support – Cornwall <a href="http://www.braintumoursupport.co.uk">www.braintumoursupport.co.uk</a>	Day: 2 <sup>nd</sup> Tuesday of the month Time: 11:30 – 13:00 Location: Truro Library, Union Place, Truro , TR1 1EP	Julie Liddle and Trish Moroney <a href="mailto:Julie@braintumoursupport.co.uk">Julie@braintumoursupport.co.uk</a> 07711 597165 <a href="mailto:Trish@braintumoursupport.co.uk">Trish@braintumoursupport.co.uk</a> 07596 813777
Brain Tumour Support – Devon <a href="http://www.braintumoursupport.co.uk">www.braintumoursupport.co.uk</a>	Day: First Friday of the month Time: 13:30 – 15:30 Location: FORCE Cancer Charity, Corner House, Barrack Road, Exeter, EX2 5DW	Julie Liddle and Trish Moroney <a href="mailto:Julie@braintumoursupport.co.uk">Julie@braintumoursupport.co.uk</a> 07711 597165 <a href="mailto:Trish@braintumoursupport.co.uk">Trish@braintumoursupport.co.uk</a> 07596 813777
Brain Tumour Support—Plymouth <a href="http://www.braintumoursupport.co.uk">www.braintumoursupport.co.uk</a>	Day: Last Friday of every second month Time: 11:00 – 12:30 Location: Plymouth Central Library, Armada Way, Plymouth , PL1 1HZ	Julie Liddle and Trish Moroney <a href="mailto:Julie@braintumoursupport.co.uk">Julie@braintumoursupport.co.uk</a> 07711 597165 <a href="mailto:Trish@braintumoursupport.co.uk">Trish@braintumoursupport.co.uk</a> 07596 813777
Breathe Easy Plymouth (British Lung Foundation) – Support Group	Day: First Tuesday of every month Time: 1:30pm—3:30pm Location: Tothill Community Centre, Knighton Road, Plymouth, PL4 9DA	Helpline: 03000 030 555
The Plymouth Prostate Support Group (Chestnut) <a href="http://www.chestnutappeal.org.uk">www.chestnutappeal.org.uk</a>	Day: Last Thursday of the month Time: 18:00—19:30 Location: Post Graduate Medical Centre, Derriford Hospital	Lesley-Ann—01752 792736 Email: <a href="mailto:chestnut.appeal@nhs.net">chestnut.appeal@nhs.net</a>
Cornwall Bowel Cancer Support Group <a href="http://www.cornwall-bowel-cancer-support-group.co.uk/">www.cornwall-bowel-cancer-support-group.co.uk/</a>	Day: Seasonal – online on bowel cancer site (Facebook: Cornwall Bowel Cancer Support Group closed page)	Claire Ferris & Candy Coombe – 01872 252693
Dashnet—Support Group for Male patients and carers affected by cancer	Day: Last Tuesday of the month Location: The Brook Inn, Plympton Time: 7pm to 9pm	For more information please visit: <a href="http://www.dashofsilver.co.uk">www.dashofsilver.co.uk</a>

In The Bag	Run by a group of testicular cancer survivors with support from specialist NHS staff.	For more information please contact: Tel: 0117 3423472 Email: <a href="mailto:hello@itsinthebag.org.uk">hello@itsinthebag.org.uk</a>
Gynae Girls	Day: First Tuesday of the month Time: 18:30 onwards Location: The Invicta Hotel, Plymouth	Tel: 07754 665832 Email: <a href="mailto:gynaegirlscsg.plymouth@gmail.com">gynaegirlscsg.plymouth@gmail.com</a>
Derriford Chronic Lymphocytic Leukaemia (CLL) Support Group	Day: Last Wednesday of the month Time: 14:00 to 16:00 Location: Derriford Cancer for Health & Wellbeing	Sue Gilbert Tel: 01752 431206 Email: <a href="mailto:suegilbert2@nhs.net">suegilbert2@nhs.net</a>