

## Your Cardiac Stress Test and Scans in Nuclear Medicine Information for Patients – Day 2

**YOU MUST FOLLOW THE IMPORTANT INSTRUCTIONS BELOW  
OR WE MAY HAVE TO CANCEL YOUR TEST**

From \_\_\_\_\_ on \_\_\_\_\_

- Please drink **ONLY water or fruit juice** (caffeine in tea, coffee and many soft drinks stops the test working. This includes decaffeinated drinks as they contain traces of caffeine).
- Eat normally but **DO NOT eat chocolate.**
- Do not take any cold remedies or painkillers bought from your local shop or chemist without checking with us.



**NO CAFFEINE!**

### Can I take my medicines as normal?

You **MUST** take any medicines you may have been prescribed **EXCEPT** for any of the following, DIPYRIDAMOLE, PERSANTIN, ASASANTIN. You must not take these on the day before your second appointment or on the day of the second appointment.

### Do I need to bring anything with me?

- Please bring a list of your medicines with you.
- Please bring something fatty with you to eat e.g. cheese sandwiches, pasty or sausage roll. We will tell you when to eat them.

### How long will I be at the Hospital?

Please allow 3 hours for your appointment.