



**If you would like a new  
hospital passport, please  
see the website:**

**[https://www.plymouthhospitals.nhs.uk  
/autism-service](https://www.plymouthhospitals.nhs.uk/autism-service)**

**Telephone:** 01752 432134

**Email:** plh-tr.derrifordautismservice@nhs.net

**Hours:** Monday — Friday, 8am — 4pm

**Passport produced by:**

**Derriford Autism Service 24/06/2020**



## **Hospital Passport for Autistic patients**

**PLEASE TAKE THIS PASSPORT WITH YOU IF  
YOU HAVE TO GO INTO HOSPITAL.**

This Hospital Passport gives staff looking after you important information about you. Please ask staff to read it.

You can contact the Autism Service in advance if you know when you are coming into the Hospital.

- **Telephone:** 01752 432134
- **Email:** plh-tr.derrifordautismservice@nhs.net

**The things that I need to also bring with me to hospital may include:**

- |                              |                          |
|------------------------------|--------------------------|
| · Headphones/Earphones       | · Eye mask/Sunglasses    |
| · Weighted blanket           | · A small fan            |
| · Someone with me            | · Fidget toys            |
| · An activity                | · Ear plugs              |
| · Reasonable Adjustment form | · Other — please specify |
| · Other — please specify     | · Other — please specify |

THIS PASSPORT WAS LAST UPDATED

ON:.....

# Personal Information

<b>Full name:</b>	
<b>I like to be called:</b>	
<b>Date of birth:</b>	
<b>Address:</b>	
<b>Telephone number:</b>	
<b>GP:</b>	
<b>NHS number:</b>	

If I am admitted to hospital, I would like the following person/people to be contacted:

<b>Name</b>	<b>Relationship</b>	<b>Phone number</b>



## Derriford Autism Service

**If staff need further advice they can contact:**

### **Derriford Autism Service**

Plymouth Hospitals NHS Trust

Derriford Road

Derriford

Plymouth

PL6 8DH

**Tel:** 01752 432134

**Email:** [plh-tr.derrifordautismservice@nhs.net](mailto:plh-tr.derrifordautismservice@nhs.net)

## Other Information you

<b>How I prefer to communicate:</b>	
<b>How I prefer others to communicate with me:</b>	
<b>Challenges I may face in hospital:</b>	
<b>What I do when I am in pain:</b>	
<b>What I do when I am anxious:</b>	

## should know about me:

<b>If I am anxious it helps if you:</b>	
<b>What I do not like:</b>	
<b>What I like:</b>	
<b>My special interests and hobbies:</b>	

## Autism overview for staff

Autism is a spectrum condition; Autistic people share certain difficulties, but will be affected in different ways.

**Social communication:** Difficulties with interpreting both verbal and non-verbal language like gestures or tone of voice, abstract language and social cues/rules. May have a very literal understanding of language, and think people always mean exactly what they say.

**Social Interaction:** Difficulty 'reading' other people - recognising or understanding others' feelings and intentions - and expressing their own emotions. They may appear to be insensitive/seek out time alone when overloaded by other people or behave in a way thought to be socially inappropriate.

**Repetitive behaviour and routines:** Having a daily routine is common. They may want to always travel the same way to and from school or work, or eat exactly the same food for breakfast. The use of rules can also be important. Autistic people may not be comfortable with the idea of change, but may be able to cope better if they can prepare for changes in advance.

**Sensory sensitivity:** Autistic people may also experience over- or under-sensitivity to sounds, touch, tastes, smells, light, colours, temperatures or pain. This can cause anxiety or even physical pain.

## Important Information

<b>Allergies:</b>	
<b>Current medical conditions:</b>	
<b>Other diagnoses e.g. ADHD, PDA, Mental health etc</b>	
<b>Current medication (I have my most recent prescription):</b>	Yes/No (please indicate)