

Orthodontic department
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Your functional brace

At first your new brace will feel strange. Don't be surprised if it takes a few days to get used to it. Speaking will be difficult for the first few days and your mouth will feel wetter than usual. Your jaws may ache a little when you start treatment.

There are some important things you can do to help your treatment work well.

- **Wear your brace all day and all night**, except when cleaning your teeth, at mealtimes or when playing sport or swimming. The more you wear your brace, the quicker your treatment will be finished.
- **Brush your teeth thoroughly twice a day.**
- **Take your brace out to clean your teeth.** Rinse your brace in warm water and clean it gently with a toothbrush.
- **Keep your brace safe** in a small firm pot when it is not in your mouth.
- **If your brace is very uncomfortable or you have a problem**, let us know as soon as you can by phoning the Orthodontic Department. Do not wait until your next appointment.
- **Carry on seeing your own dentist for regular check-ups** during your orthodontic treatment.

**Your brace has been made especially for you.
Please take good care of it!**

You have been given a patient statement telling you how your brace has been made.

If your brace is lost or damaged beyond repair due to carelessness, you may have to pay for a replacement.

This appliance is manufactured for exclusive use by this patient and conforms to the essential requirements of the MDD regulations S11994/3017

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