



Going home after a sedative:



You were given a sedative whilst in the emergency department. This was to help you feel more comfortable whilst you had your procedure done.



It is normal to have a short time where you cannot remember exactly what happened; this is a side effect of the sedative.



In the next 24 hours it is important to:

- Rest
- Drink lots of hot or cold drinks
- Have something light to eat - nothing fried or spicy
- Have someone with you for 24 hours





Do not:



- Drive



- Use machinery



- Drink alcohol



- Make any important decisions



- Care for anyone without help



If you have any worries or questions please phone us on: 01752 430217

Images ©Photosymbols J.Singh Jan 2021

Date issued: July 2021

For review: July 2023

Ref: D-365/JS/Learning Disability Team/Going home after a sedative