

Derriford Hospital
TEENAGE & YOUNG ADULT
CANCER CARE

USEFUL
INFORMATION

WE ARE
MACMILLAN.
CANCER SUPPORT

Plymouth Hospitals 
NHS Trust

CAPTAIN CHEMO

<http://captainchemo.royalmarsden.org/CaptChemo/>

E: captchemo@royalmarsden.org

T: 020 8642 6011

Beautifully illustrated, inter-active comic-style strip and games providing information on childhood cancers, treatments and tests.

CHAT-WORLD

www.chat-world.org

E: hello@chat-world.org

Chat-World is a network of support with a difference; it's a 3D interactive island where avatars of young people with cancer can escape, explore and chat to others who are going through similar experiences in the UK, all this within a secure environment. Many activities that can be carried out in the real world can take place within Chat-World, eg. shopping, music, gigs or driving cars, motorbikes, jet-skis or even a helicopter.

CLICK 4 TIC

www.click4tic.org.uk

Teen Info on Cancer. A website providing honest cancer information written specifically for you, advice and support on how to cope with cancer, and join a community of young people.

Click4Tic gives teenage cancer patients and their families the up-to-date information, practical advice and support they need to reduce the fear and uncertainty of cancer.

DERRIFORD HOSPITAL

www.plymouthhospitals.nhs.uk

Derriford Hospital provides a wide range of acute and general hospital services to people of all ages. This comprehensive website will guide you through hospital services and support.

THE ELLEN MACARTHUR CANCER TRUST

www.ellenmacarthurcancertrust.org

E: info@emcancertrust.org

T: 01983 297750

The Trust takes young people aged between 8-24 sailing to help them regain their confidence, on their way to recovery from cancer, leukaemia and other serious illness.

THE HOLLY EATWELL TRUST

www.thehollyeatwelltrust.com

E: info@thehollyeatwelltrust.com

We feel that good nutrition is important for everybody, especially when diagnosed with cancer, and we don't think that good nutrition has to be boring! We offer you upto 12weeks of organic vegetable deliveries ensuring that you get a variety of excellent produce on a regular basis to help revolutionise your diet and the loan of a juicer for 24 weeks to make consuming large amounts of vegetables easier.

If you are interested in exploring different approaches to cancer treatment and therapy, The Holly Eatwell Trust can pay for your initial consultation with Cancer Options, specialists in cancer consultancy, offering a unique and unbiased appraisal of both orthodox and complementary approaches.

FIND YOUR SENSE OF TUMOUR

<http://www.teenagecancertrust.org/get-clued-up/talk-to-other-young-people/find-your-sense-of-tumour/>

E Katie Rawlins, Organiser: katie@ktevents.co.uk

Tel: 07920 836 974

Annual conference for young people who have or have had cancer in the last 5 years or are currently having treatment, organised by the Teenage Cancer Trust. The conference provides a mix of inspirational presentations, fabulous therapies and great social activities.

INTERNATIONAL CHARTER OF RIGHTS FOR YOUNG PEOPLE WITH CANCER

<http://www.cancercharter.org/>

A collaboration between charities supporting young people with cancer in the UK, US, Australia and New Zealand campaigning to for the international community to acknowledge the unique needs of young people with cancer and to ensure their needs are met.

JOSIE'S DRAGONFLY

www.josiesdragonfly.org

E: hello@tanyascourage.org.uk

T: 01726 65364

A charity providing large boxes of arts and crafts supplies to wards for young people with cancer. The boxes provide a welcome distraction and an opportunity to create something that gives a sense of achievement for young people. They're an ideal way to keep children and young people amused when they spend so much time in hospital often having difficult & painful treatment.

Provides a cash gift of £500 to children and young people for a special day, to create a memory where cancer treatment is no longer considered curative.

LAURA CRANE YOUTH CANCER TRUST

www.lauracranetrust.org

E: admin@lauracranetrust.org

T: 01484 510013

The only UK charity funding medical research specifically into cancer affecting teenagers and young adults. The Trust also funds measures to improve the quality of life for young cancer patients, both during and after their illness.

The Trust supports measures to improve the quality of life for teenage cancer patients during stays in hospital.

LIBERTY ROSE TRUST

<http://libertyrosetrust.org>

E: info@libertyrosetrust.org

T: 0779 111 5260

Offers support to families whose lives have been affected by brain tumours in childhood (ages 0-18). The Trust seeks to accompany families through their difficult journey, and take affirmative action to resolve, or improve, any difficulties that they encounter along the way.

Through campaigning and community building, we inform and educate the services and organisations that are involved with childhood brain tumours, and aim to create a positive and sustainable difference for the benefit of all families.

MACMILLAN CANCER SUPPORT

www.macmillan.org.uk

Cancer is the toughest fight most of us will ever face. But you don't have to go through it alone. The Macmillan team is here to support you every step of the way. We provide practical, medical and financial support and push for better cancer care. We provide high quality, up-to-date cancer information for cancer patients, their families and carers. All of our information is written and reviewed by specialists.

NHS CHOICES (FOR YOUNG PEOPLE WITH CANCER)

<http://www.nhs.uk/young-cancer-care/pages/index.aspx>

NHS Health Information and cancer care choices for young people.

OVER THE WALL

www.otw.org.uk

E: info@otw.org.uk

T: 02392 477110

A national children's charity providing life-changing experiences to children and young people aged 8-17 who are affected by serious and life limiting illnesses. We do this by offering free activity camps specifically developed to foster coping, resilience, self-esteem and confidence.

PAUL'S PLACE

www.pauls-fund.co.uk

E: paulsfund11@virginmedia.com

T: 01271 891076

Holiday breaks for young adults experiencing life-threatening illness, bereavement or being a carer at a B&B in North Devon. Grants available, also for adult friend/carer .

REALSHARE

www.realshare.co.uk

E: realsharesw@uhbristol.nhs.uk

realshare is a social network for young people with cancer, aged 16-25, who live in the South West. It has been created by a group of professionals who deal with young people with cancer, along with some of those young people themselves.

SHINE CANCER SUPPORT

www.shinecancersupport.co.uk

E: info@shinecancersupport.co.uk

A network for younger adults in their 20s, 30s & 40s living with and beyond cancer.

Shine is a way for younger adult cancer patients to get together and meet others in similar situations. Different to traditional 'support groups', Shine focuses on the social side of support by providing relaxed and informal opportunities to meet new friends who have similar experiences and lifestyles. We also have an online social network that means we can stay in touch with people wherever they are.

SW CANCER HUB

<http://swcancerhub.org/thehub/>

E: aswcs@aswcs.nhs.uk

T: 0117 900 2321

The SWC Hub is a first point of contact and source for oncology information on the web for young people, their parents and friends in the South West. Produced by people who have lived it, The SWC Hub will help to answer questions at various stages of the cancer experience

TANYA'S COURAGE

www.tanyascourage.org.uk

E: hello@tanyascourage.org.uk

T: 01726 65364

A charity offering financial help and support to young people fighting cancer aged 16 to 25 in Cornwall, we'll do our best to help you through the tough times. If there's anything you and your family need, let us know. It could be a special day out, a nice meal, or perhaps some new games to ease the boredom. We can also offer financial assistance if that's what's needed most.

TEENAGE CANCER TRUST

www.teenagecancertrust.org

Teenage Cancer Trust is the only UK charity dedicated to improving the quality of life and chances of survival for young people aged between 13 and 24 and also offers support and information to young people and their families.

Over 21 years Teenage Cancer Trust has learnt a lot about what it's like to be a young person with cancer - their unique emotional, physical and practical needs. Because Teenage Cancer Trust understands, they can provide better care, better services and hopefully a more positive outcome for young people.

WILLOW FOUNDATION

www.willowfoundation.org.uk

E: info@willowfoundation.org.uk

T: 01707 259707

A national charity providing special days for seriously ill 16-40 year olds. Every special day aims to provide beneficiaries and their loved ones with a break from the realities of their diagnosis and treatment. At a time of uncertainty, spending quality time with family and friends can help restore a sense of normality, boost confidence and create precious memories for the future.

YOUTH CANCER TRUST

www.youthcancertrust.org

E: admin@yct.org.uk

T: 01202 763591

We provide free, fun activity based holidays in Bournemouth for young people (aged 14 to 30) suffering with cancer or any malignant disease, from anywhere in the UK and the Irish Republic, or who are patients of any UK hospital. You can also come on a holiday if you have been in remission for up to five years or are living with the effects of having had cancer as a teenager. Groups of 8 are made up of similar ages and you can also put your own group together of friends you made in hospital.

YOUTH HEALTH TALK

www.youthhealthtalk.org

A website about young people's real life experiences of health and lifestyle. This is not just a website about the medical facts, this is about real people and real lives, with a section on young people with cancer.

Several types of cancer occur in young people more commonly than other types. We interviewed 34 young people about their experiences of cancer - watch, listen and read young people talking about their experiences, and feel free to join in the forums.

2bMe

<http://lookgoodfeelbetter.org/2bMe/2bMe.html>

Great interactive website focusing on how to handle non-medical aspects of cancer, from skin and hair to fitness and friends.

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LWBC Service | T: 01752 431468

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