Flow Chart to Guide Decision Making Before Using Planned Restrictive Physical Intervention on a Child or Young Person

(Plan the procedure in a way which takes into account a young person’s behaviour)

1. Undertake risk assessment and plan procedure including how it will be carried out.

2. Explain procedure (including preparation) to child/young person, parent/carer. Ensure consent received, or acting in “best interests”.

3. Document

4. Carry out procedure

5. Successful?
   - Yes
     - Debrief child/young person and parent/carer
     - Document
   - No
     - Life threatening
       - Yes
         - Re-evaluate as part of MD team
         - Decide to restrain and plan how to carry out
         - Explain what will happen to child/young person, parent/carer
         - Restrain
         - Debrief, child/young person, parent/carer
         - Document and de-brief staff involved (staff de-brief should take place within 24 hrs)
       - No
         - Re-evaluate & repeat preparation as part of MD team
         - Unsuccessful for second time
           - Reschedule
           - Document

Sophie King May 2016