

## F. Hobbies & Interests

Resource	Contact Details
<p><b>Craft Group</b> Come along and join the “Material Girls” on Monday mornings in the Mustard Tree. These lovely ladies meet each week and create knitted and crochet items which are donated to wards within the Hospital and supporting areas, such as knee blankets and twiddlemuffs. You can also come along and work on your own individual items if you prefer.</p>	<p>The group meets on a Monday morning each week, except Bank Holidays in the Mustard Tree. The is a drop in session, so no need to book a place, just come along and join them</p>
<p><b>Therapeutic Singing Group</b> The Therapeutic Singing Group is for patients affected by cancer, family members/carers. We meet once a month to sing together. The emphasis is very much on singing just for fun and pleasure. If you are interested in coming along, please contact Mary Anderson on 01752 430060</p>	<p>The group meets on the 3rd Tuesday of the month in the Mustard Tree from 6pm to 7:30pm</p>
<p><b>Art Group</b> We are running a series of Art Workshops, led by David and will be held in Rooms 10 &amp; 11. You just need to bring your ideas and we’ll show you how to create them. <b>ALL MATERIALS SUPPLIED.</b> No need to book – just drop in on the day.</p>	<p>The group meets on alternate Tuesdays in the Mustard Tree. The is a drop in session, so no need to book a place, just come along and join them</p>
<p><b>Fly Tying</b> Jim will be demonstrating how to tie fishing flies to use, using different techniques and will be on-hand to answer any questions you may have about fly fishing. <b>All equipment kindly provided by Jim</b></p>	<p>The group meets once a month in the Mustard Tree. The is a drop in session, so no need to book a place, just come along and join them</p>
<p><b>Walking For Health</b> Information on different walks available in the following areas:</p>	<p><a href="#">Plymouth</a> <a href="#">East Devon</a> <a href="#">Kingsbridge</a> <a href="#">Tamar Valley</a> <a href="#">Cornwall</a></p> <p>Please follow the links above for further information on the walks in your area</p>