

**This patient had a fall / was found on the floor on:**

Date   /  /   Time   /  

### Nursing Checklist

(tick all completed)

- |                                   |                          |
|-----------------------------------|--------------------------|
| Reassess moving and handling plan | <input type="checkbox"/> |
| Reassess falls care plan          | <input type="checkbox"/> |
| Responsible doctor informed       | <input type="checkbox"/> |
| Family/carer/next of kin informed | <input type="checkbox"/> |

Location of fall:

DATIX reference:

Completed by: sign: \_\_\_\_\_ print: \_\_\_\_\_

### Doctor's checklist

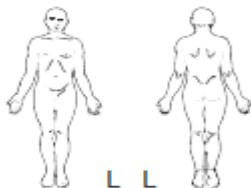
#### History – Tick and document in notes

- |                          |                              |                          |                               |
|--------------------------|------------------------------|--------------------------|-------------------------------|
| <input type="checkbox"/> | Time & circumstances of fall | <input type="checkbox"/> | Witnessed? collateral history |
| <input type="checkbox"/> | Palpitations,SOB,chest pain  | <input type="checkbox"/> | Relevant medical history      |
| <input type="checkbox"/> | Loss of consciousness?       | <input type="checkbox"/> | Recurrent faller?             |

#### Examination – tick and document in the notes

- |                                    |   |                          |   |                          |
|------------------------------------|---|--------------------------|---|--------------------------|
| Observation (include a BM and GCS) | y | <input type="checkbox"/> | n | <input type="checkbox"/> |
| Other relevant systems             | y | <input type="checkbox"/> | n | <input type="checkbox"/> |
| Cardiovascular exam                | y | <input type="checkbox"/> | n | <input type="checkbox"/> |
| Neurological exam                  | y | <input type="checkbox"/> | n | <input type="checkbox"/> |
| Likely cause of fall               | y | <input type="checkbox"/> | n | <input type="checkbox"/> |

### Injury sustained?



Mark image with x indicating injury site  
Include head, c-spine, hips and wrists

Start neuro obs as per protocol if  
head injury risk or unwitnessed fall

- No injury

### High risk of intracranial bleeding?

- |   |   |                          |   |                          |
|---|---|--------------------------|---|--------------------------|
| Is the patient on anticoagulant therapy | y | <input type="checkbox"/> | n | <input type="checkbox"/> |
| Any bleeding or clotting disorders?     | y | <input type="checkbox"/> | n | <input type="checkbox"/> |

### If yes to any of the above and head injury:

- CT head should be completed within 8 hours of the head injury
- Discuss with ST3 or above and review ongoing need for anticoagulation

#### Investigations requested (please tick)

- |                          |                      |                          |                 |
|--------------------------|----------------------|--------------------------|-----------------|
| <input type="checkbox"/> | ECG                  | <input type="checkbox"/> | L/S BP          |
| <input type="checkbox"/> | X-RAY                | <input type="checkbox"/> | Clotting screen |
| <input type="checkbox"/> | Pain management plan | <input type="checkbox"/> | CT head         |

#### Prevention of falls

- |                          |                   |                          |                       |
|--------------------------|-------------------|--------------------------|-----------------------|
| <input type="checkbox"/> | Assess 4AT score  | <input type="checkbox"/> | Review meds           |
| <input type="checkbox"/> | Visual assessment | <input type="checkbox"/> | Request physio review |

Completed by: sign: \_\_\_\_\_ print: \_\_\_\_\_