

Steps to Safely Removing Personal Protective Equipment On exiting the COVID-Red Zone

Starting position - wearing full PPE: gown, respiratory FFP3 mask, eye protection, long cuffed gloves.



Dirty Area

1. Remove the PPE in the designated dirty to clean line, in the correct order of removal as detailed below and decontaminate hands between removal of each item of PPE.

2. Remove gloves and dispose of in the orange waste bin and decontaminate hands using alcohol hand rub or wash hands with water and soap.



3. Remove gown by rolling it inwards and dispose of in the orange waste bin.



4. Decontaminate hands using alcohol hand rub or wash hands with water and soap



5. Remove eye protection and dispose of in the orange waste bin.



6. Decontaminate hands using alcohol hand rub or wash hands with water and soap



Clean Area

8. Remove respiratory FFP3 mask and dispose of in the orange waste bin inside the ante-chamber.



7. Step over the dirty line into the clean area whilst wearing FFP3 respirator mask.



9. Wash hands with water and soap and exit the COVID-Red Zone.

