

Car Parking Charges

Up to 15 mins	Free
Up to 1 hour	£1.20
1 –2 hrs	£2.40
2 –3 hrs	£3.60
3 –4 hrs	£4.80
4 –5 hrs	£6.00
5 –6 hrs	£7.20
Over 6 hrs	£12.00

Park and Ride

From/to George Intersection
PR3 or 101 (Plymouth Citybus)

From/to Milehouse
Service 100/101 (Stagecoach)

**This leaflet is available in large print
and other formats and languages.**

**Contact: Administrator
Tel: 01752 433068**

Date issued: July 2019
For review: July 2021
Ref: A-420/Freedom Unit/MS/Undergoing
surgery local anaesthetic

How to get here

The Freedom Unit is situated towards the rear of the main hospital.

From the Multi Storey car park: make your way down the hill, past Maternity and the Terence Lewis Building to the bottom of the hill. There is a DROP OFF AREA outside the unit.

From main entrance: access through the Hospital is via Level 6 either stairs or lift to level 3.

Follow signs which will take you to the level 3 coffee shop, then, through here, down steps, turn left and the Unit is in front of you. **This route is not suitable for wheelchair users.**



Please ask at SABA parking desk on level 6 for help if you have a reduced mobility condition.

If you need assistance please see staff on the SABA Help desk on level 6, they will be able to direct you.

Freedom Unit

Information for
patients
undergoing
Surgery under
local anaesthetic

University Hospitals Plymouth NHS Trust
Derriford Road
Plymouth
PL6 8DH
Tel: 01752 202082
www.plymouthhospitals.nhs.uk



Leading with excellence, caring with compassion



Important to remember...

Your letter from the Hospital has given you a date and time to arrive at the Freedom Unit.

The Unit is an operating department with a reception area.

We operate from 08.30hrs until 18.00hrs with evening surgery after 17.30hrs until 21.00hrs

The time on your letter is **NOT** the time of your surgery. You may have to wait up to 4 hours before your surgery.

Once arrived, please use the water fountains as advised

What to bring for surgery:

- Your **regular medications**.
- We advise **NOT to bring in valuables**. Mobile phone and charger are fine. While you have surgery, your belongings will be locked in a personal locker. We cannot accept any responsibility for loss or damage to your valuables.

Please remember:

- Please be advised that if you have surgery to your Hands, Feet, or Facial area you may not be insured to drive home. Please check with your insurance company.
- Please ask your Relative/Friend to leave a phone number with the Staff for arranging your transport home.
- Relatives are welcome; however please remember this is an operating theatre unit and there are limited facilities for relatives and/or friends.
- Unfortunately we are unable to accommodate relatives in the recovery room.
- Let us know if you have any special dietary needs.

Contact Numbers

In the first 48 hours after surgery: Monday—Friday, 8am-8pm contact:

Derriford Hospital Freedom Unit
Tel: 01752 763968

After 8pm and at weekends contact

Duty Senior Nurse via Derriford
Hospital switchboard
01752 202082
Bleep 355

48 hours or more after surgery

Contact your GP or practice nurse

Tel: 01752 202082
www.plymouthhospitals.nhs.uk

Freedom Reception
01752 433068

Lynher Ward
01752 431277
