

Don't be afraid to ask:



Please don't be afraid to ask the staff a question. If you're not sure who can help then ask someone wearing a uniform.



There are lots of people working on your ward. Some will:

- Be cleaning
- Give you food and drink
- Tell you if you need to take medication
- Want to do checks on you
- Might take you for a scan or x-ray and then bring you back to your ward



Where am I?



Where am I?



You are in Derriford Hospital in Plymouth.



You were admitted into hospital as you were poorly and needed treatment.



Your ward is called

It is on the floor.



Ask a nurse if anything was brought in with you. He or she will be able to tell you where it is.

Getting you the right support:



The Learning Disability Liaison Nursing Team will be told you are in and will come to see you during your stay.



If you didn't bring your hospital passport in with you it would be good to tell the staff some important things about yourself.

For example:



- The best way to communicate with you
- What you can do independently
- What you need help with
- How to tell if you are scared or anxious

