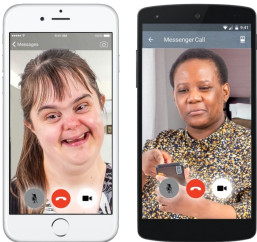




## Attend anywhere appointments:



Some hospitals appointments don't have to be face to face with your doctor, therapist or consultant.



If you have a good internet connection and access to either a computer, laptop, I-pad or I-phone that has a camera and built in microphone the hospital could video message you.



You are able to have your appointment without leaving the house or having to wait at the hospital. These are called attend anywhere appointments.



Is it important to choose a quiet room to have your appointment in as some things discussed might be private.



You could ask a partner, family member, friend, carer or support worker to help you set up your device. They can only stay for your appointment if you have invited them.