

About MyoSure

Your doctor has referred you to have a procedure called a MyoSure as an outpatient as a result of your recent consultation. If you have any concerns about having this procedure whilst you are awake, please do not hesitate to speak to one of the clinic nurses via our appointments team on **01752 431595** who will be happy to help.

A MyoSure is a technique that allows a doctor or trained practitioner to remove a polyp or fibroid from within the womb.

What can I expect?

The MyoSure procedure is performed under local anaesthetic. The doctor will use a speculum to visualise your cervix and give local anaesthetic to numb the cervix.

Once the anaesthetic has taken effect, the doctor will widen the cervical canal slightly to allow the introduction of a hysteroscope in to the womb. A saline solution is passed through the scope to allow the walls the womb to separate, enabling the doctor to view the polyp or fibroid. The MyoSure device is then introduced down the hysteroscope and is able to remove the tissue in small pieces which are collected in a pot to send away for histology where required.

How should I prepare?

- You should ensure that you use contraception from your period immediately prior to your appointment until you are seen so that we are sure you are not pregnant at the time of the procedure.
- If you are bleeding on the day of your appointment, the procedure may still go ahead. Contact the clinic for advice.
- Your appointment time will last about 45 minutes but occasionally some consultations may overrun.
- You may eat and drink as normal before attending for your appointment.



What happens after the procedure?

If you feel well after the procedure, you may go home when you are ready. However, there is a quiet space available for you to recover before you leave the department, should you require.

You may wish to take things easy for the remainder of the day. In most cases, you will be able to drive yourself home; however, you may wish to have someone accompany you.

You can continue with simple analgesia such as paracetamol and ibuprofen, for the following 24 hours. You may feel some mild cramping but most women feel back to normal within a day or so.

You will have a watery loss for the remainder of the day and may have some spotting in the following days after the procedure. You will need to wear a sanitary pad after the procedure.

If you have any queries either before or following your visit please do not hesitate to speak to one of the clinic nurses via our appointments team on **01752 431595**



This leaflet is available in large print and other formats and languages.

Contact: Administrator

Tel: 01752 431595

Date issued: July 2020

For review: July 2022

Ref: B-420/Gynae/TS/about MyoSure v2